

# Workshop Feedback Analysis

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People at Work Workshops for XXXX\* Pilot

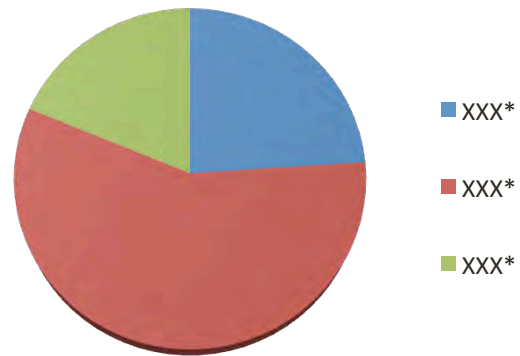
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people at work

# Building Personal & Workplace Resilience Workshop Feedback

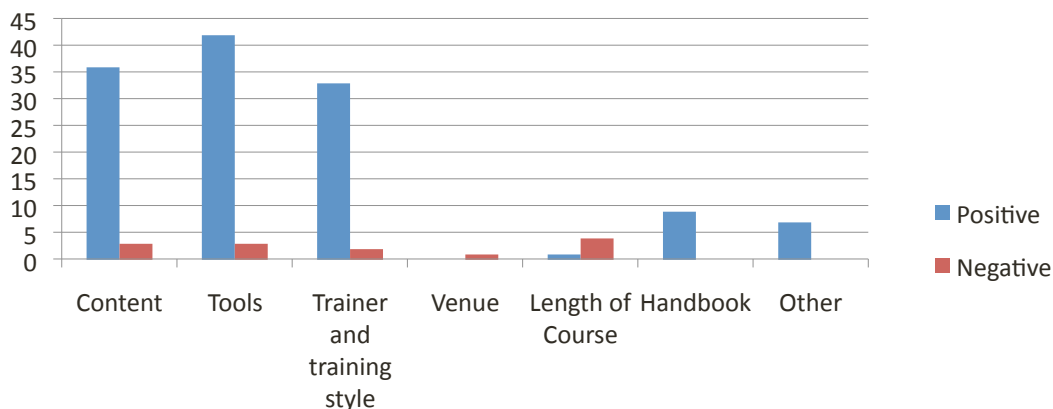
## Attendance

XXX*	23
XXX*	55
XXX*	18
<b>Total</b>	<b>96</b>



## Feedback

	Positive	Negative
Content	36	3
Tools	42	3
Trainer and training style	33	2
Venue	0	1
Length of Course	1	4
Handbook	9	0
Other	7	0



\* For confidentiality individual organisation's names have been removed.

## Snapshot of comments (verbatim)

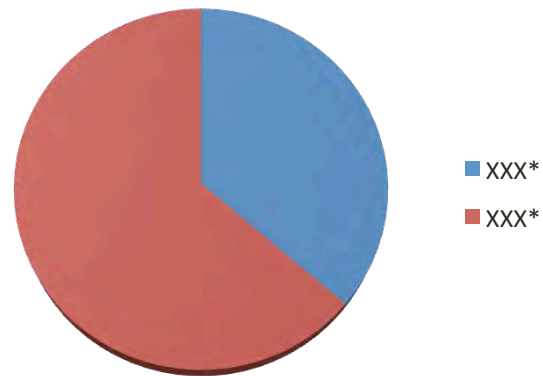
- WOW to XXX\* for allowing this session. Well done XXXX\*!
- Very beneficial, helped a lot, better understanding
- Valid, useful content. Delivered professionally
- Speaker was good. Topic very interesting
- Personal Resilience. A very different course with practical examples.
- Makes you aware you are not the only person feeling like this
- I can use lots of the things I learnt today
- Excellent course, inspiring. Will definitely try techniques recommended
- Everyone should come on this course
- Needs to be 2-3 sessions for Mindfulness please
- I came today to help build resilience in my team and I can use lots of the things I learnt today
- Well facilitated course
- Very good session will recommend to colleagues.

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# Managing Teams under Pressure Workshop Feedback

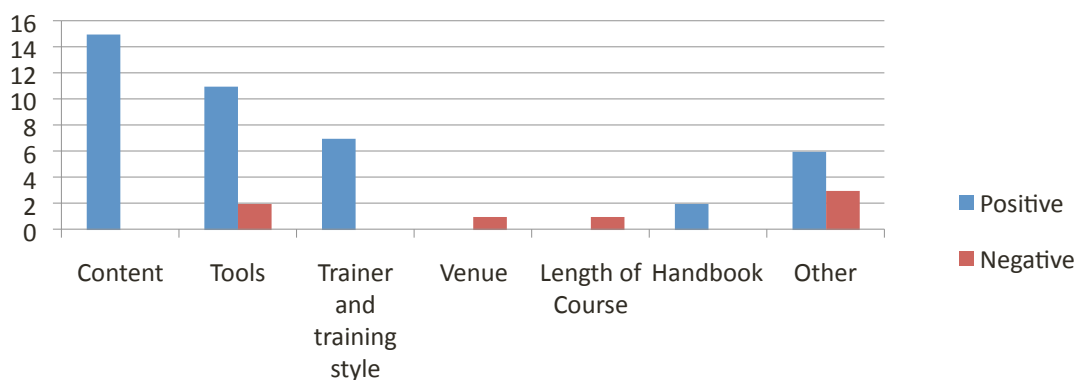
## Attendance

XXX*	12
XXX*	21
<b>Total</b>	<b>33</b>



## Feedback

	Positive	Negative
Content	15	0
Tools	11	2
Trainer and training style	7	0
Venue	0	1
Length of Course	0	1
Handbook	2	0
Other	6	3



\* For confidentiality individual organisation's names have been removed.

## Snapshot of comments (verbatim)

- Nice to know there is support out there!
- Good to know that the trust acknowledge that managers feel stressed and under pressure to meet targets
- Useful tools especially involving HR and OH earlier
- Good clear trainers. Glad OH present.
- Excellent resource booklet
- Such fascinating subjects - would definitely like more study days like this.  
Would like more
- Wish it was longer

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Contact us...



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